

# 100 PATTERNS OF PULSE IN ACUPUNCTURE

## For ACCURATE DIAGNOSIS AND HEALING

Pulse is one of the most important diagnostic tool used from ancient times, which needs accuracy and focus. Unlike any other faculty of medicine, this age old science of alternative healing is a study of ‘energy’ which neither can be measured nor be seen .It can only be palpated at the wrist. Palpation and its interpretation bring forth the detail analysis of energy and its patterns and thus further can be accurately diagnose the exact illness or disorder. This is called a “ **Pulse diagnosis.**”

Because of the need of going deeper into my own understanding and knowledge, I started researching and studying this subject intensely and got some extraordinary results.

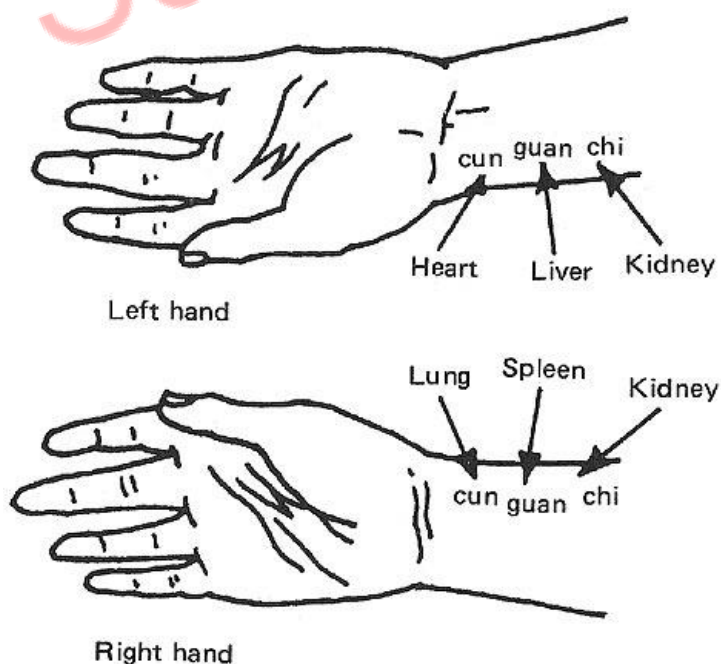
Following is the brief summary of my findings so far as my research is going on at present.

### THE PULSE & DIAGNOSIS PATTERNS

The Pulse has dynamism, fluidity, and changeability. It is multi-dimensional in depth, rate, rhythm, strength, shape etc reflecting the overall wellbeing in person, identifying the state of mental, emotional, and spiritual health.

### MY FINDINGS:

The Pulse is the study of around 1,00,000 patients so far, has shown me a clear, multi- layered and textured picture of these dimensions. This led me go deeper into analyzing it further, to finally find approximately 100 definite patterns, proving as the most effective guiding tool in diagnosing the complete ill and/or otherwise condition of patients and help to understand the line of treatment and prognosis of the disease.



### 10 EXAMPLES OF PULSE PATTERNS

	PATTERNS	NATURE OF PULSE	DIAGNOSIS

1	Lu↓St↓Sp↓ Liv↓ k↓	Knotted	Dysmenorrhea caused by Congestion.
2	Li↓ Liv↓ GB↓ TW↓	Wiry, slow	Chronic Constipation
3	H↓ UB↓ Gv↓Sp↑ St↑	Curly	Insomnia
4	H↓ Si↓K↓ Gv↓ Liv↓	Thin, Congested	Insomnia Due To Anxiety
5	H↓S↓P↓TW↓Liv↑GB↑	Stagnant	Headache
6	H↓ Si↓ P↓ Liv↓ GB↑St↑	Hesitant	Migraine
7	UB↓GB↓Liv↓	Slow	Muscular Strain
8	UB↓ GB↓ Liv↓ St↑	Congested	Muscular Spasm with soft tissue involvement
9	UB↓ GB↓ Liv↓ Sp↑K↓	Thick wiry	Spondylitis
10	K↓UB↓St↓Li↓GB↓	Blocked	Arthritis

Keeping all this in mind, I feel today, in the 21<sup>st</sup> century, Acupuncture too has evolved from an age old status to modern theories.

This condition itself inspires me to continue my research and share the findings to create a better and healthy world for mankind. I intend to come up with a comprehensive and accurate research which can be published and further used for the cause.

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